Jump To Health™ | SuperFood Power™

Powerful nutrition support for gut health, immune health, fighting inflammation, heart health, bone health, and natural energy. Good for the whole family.

What is it?

Jump To Health SuperFood Power™ provides nutrition power to defend your health, naturally. This delicious berry flavor mix has Prebiotics, Probiotics, Vitamin B12, Calcium, Fruits, Vegetables, Botanicals, and Indole 3 carbinol – there is no other supplement that offers the powerful support to defend your health. Fill nutritional gaps, and fight inflammation for better health, while boosting healthy probiotics in the gut and getting calcium for bones, and b vitamins for natural energy support.

How can it help me live healthier?

SuperFood Power™ provides concentrated nutrition and phytonutrients that support overall health. Fill nutritional gaps and get nutrients not found in common foods or supplements. Tastes great and has only 1 gr of sugar! Low sugar, low calorie and powerful nutrition.

One of the most powerful nutrients being studied is Indole-3 Carbinol (IC3), found in kale, broccoli, Brussel sprouts and cauliflower. There are many studies showing benefits for supporting cell health, liver health, immune health and fighting inflammation. Other greens/reds drinks do not offer this life enhancing nutrient.

In addition, the SuperFood Power has prebiotic and probiotic benefits to help boost gut health – which is the center of our health. Our gut is where the majority of our immune system resides, where nutrition is absorbed, and where the gut-brain axis can affect our mood and health. We also have fiber, phytonutrients, polyphenols, and phytochemicals – these are what give fruits and vegetables their health boosting benefits.

SuperFood Power™ also provides calcium for bone health, B12 vitamins for supporting natural energy, and other nutrients like beets, wheat grass and more to support heart health too.

What does it do?

It fills the nutritional gaps from the modern diet. Today our food is grown in mineral depleted soil, and has fewer nutrients than before. Per the NIH "An Alarming Decline in the Nutritional Quality of Foods: The Biggest Challenge for Future Generations' Health" – we are not getting the nutrients from food we need. You would need to eat up to 8 oranges today, to get the same nutrition as an orange 50 years ago.

Key Ingredients:

Indole 3 Carbinol – bioactive nutrient to help fight inflammation, defend cell health, boost immune health, and help support healthy liver function and metabolism.

Pre & Pro Biotics – a special prebiotic fiber and added probiotics to boost the healthy probiotics in the gut. These can help support a healthy immune system, digestion, regularity, and the gut-brain axis.

Spirulina & Chlorella – both nutrient-rich algae, often considered superfoods. These can help support immune function, energy levels, heart health, muscle recovery, energy, digestion, and healthy liver and kidney detox.

Matcha – a type of green tea that is high in antioxidants, and well-studied. Matcha can support a healthy brain, liver and defend cellular health too.

SuperFood Power™

Acai, Elderberry, Moringa –these superfruits support the immune system, support a healthy heart and healthy cholesterol, provide powerful antioxidants.

Wheatgrass, Alfalfa, Peppermint – support healthy digestion, immune health, and energy levels.

Pomegranate, Blueberry, Strawberry, Raspberry, Beet – antioxidants, polyphenols and phytonutrients for heart health, brain function, skin health, immunity, and fighting inflammation. These are some of the highest nutrient fruits and vegetables for health.

Kale, Grapeseed extract, Artichoke – support healthy heart, blood pressure, circulation, bone health and digestion.

Did you know?

- On average, we are getting 1 serving of fruit per day (typically orange juice) and 1.5 vegetables per day, with French Fries and Ketchup being the most consumed daily. Kids get even less healthy fruits and vegetables, with 50% of kids not eating a vegetable in a day, and 1/3 getting no fruit in a day.

- Calcium & Fiber– over 40% of us do not get enough calcium daily, and only 8% get enough fiber.

- Seaweed - Japan, one of the world's healthiest countries, consume about 5gr of seaweed per day. These foods contain the phytonutrients and chlorella, similar to those in SuperFood Power™.

How do I use?

Mix a packet into 8 oz. of water and enjoy. Kids 4-12 a full packet, under 4 use ½ packet. Can also be mixed into Lemondade, Jump To Health PowerOx™ tea, Core Shake, VPro Shake, Excelerade, KeTonic or into yogurt, cereal, or other foods to get extra nutrition.

Supplement Facts

Serving Size: 1 Packet (6 g)
Servings Per Container: 30

Amount per serving	% Daily Value*
Calories 20	
Total Carbohydrate 4g	1%*
Dietary Fiber 1g	4%*
Total Sugars 1g	**
Includes 0g Added Sugars	0%
Protein 0.5g	
Vitamin B12 (as Methylcobalamin) 2.4 mcg	100%
Calcium (as Calcium Citrate) 130 mg	10%

Proprietary JTH SuperFood Power™ Blend 4.45 g**

Raspberry Powder (*Runus idaeus*), Beet Juice Powder, Organic Spirulina Powder (*Arthrospira platensis*) (Whole), Oat Fiber, Blueberry Powder (*Vaccinium corymbosum*) (Fruit), Strawberry Powder (*Fragaria virginiana*) (Fruit Juice), Lemon Powder (*Citrus limonum*) (Fruit pulp), Inulin, Chlorella Powder (*Chlorella Vulgaris*) (Whole Plant), Alfalfa Powder (*Medicago sativa*) (Leaf), Pomegranate Powder (Punica granatum) (Fruit), Acai Fruit Extract (*Euterpe oleracea martius*) (Berry), Matcha Green Tea (*Camellia sinensis*)(Leaves), Wheatgrass Powder (*Triticum aestivum*)(Leaves), Artichoke Powder (*Cynara scolymus L.*) (Leaf), Moringa Powder (*Moringa oleifera)* (Leaf), Grapeseed Extract (*Vitis vinifera*) (Seed), Peppermint Power (*Mentha piperta*) (Leaf), Lactobacillus Acidophilus, Elderberry Juice Powder (*Sambucus nigra*) (Berry), Kale Powder (*Brassica*)(Leaf),Indole-3-Carbinol.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: DL-Malic Acid, Citric Acid, Natural Flavors, Steviol Glycosides, Monk Fruit Extract.

Manufactured in a facility that processes Milk, Soy, Eggs, Nuts and Wheat.

SuperFood Power™ Comparison Chart

	Direct Sales Brands							Retail Brands				
	JTH SuperFood™	**Juice Plus** SuperFood	**Herbalife** Greens	**Monat** Ttl Greens	**IsaGenix** Greens	**DoTerra** Greens	**Natures Sunshine** PowerGreens	**AG1** Greens	**Bloom** Superfoods	**Garden of Life** Superfoods	**Orgain** Superfoods	**Balance of Nature**
Ingredients*:												
Indole 3 Carbinol	**YES**	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Probiotics	**YES**	NO	YES	NO	NO	YES	NO	YES	YES	NO	YES	NO
Prebiotics	**YES**	NO	NO	NO	NO	YES	YES	YES	YES	NO	NO	NO
Elderberry	**YES**	YES	NO	NO	NO	YES	YES	NO	YES	NO	NO	NO
Spirullina	**YES**	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
Chlorella	**YES**	NO	YES	NO	YES	YES	YES	YES	YES	YES	NO	NO
Acai	**YES**	NO	YES	YES	NO	NO	YES	NO	YES	NO	YES	NO
Matcha	**YES**	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO
Wheatgrass	**YES**	NO	YES	YES	NO	NO	NO	YES	YES	YES	YES	YES
Moringa	**YES**	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO	NO
Grapeseed extract	**YES**	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO
Beet Juice	**YES**	YES	NO	YES	NO	NO	NO	YES	NO	YES	YES	NO
Pomegranate	**YES**	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO
Alfalfa	**YES**	NO	NO	NO	NO	NO	NO	YES	YES	YES	YES	NO
Rapsberry	**YES**	YES	NO	YES	NO	YES	YES	NO	YES	NO	YES	YES
Blueberry	**YES**	YES	YES	YES	NO	YES	YES	NO	YES	NO	YES	YES
Strawberry	**YES**	NO	NO	YES	NO	NO	YES	NO	YES	NO	YES	YES
Artichoke	**YES**	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

# Servings	30	30	20	30	30	30	30	30	60	14	20	30
Subscribe Price	$64.95	$87.50	$58.20	$55.00	$45.00	$89.50	$61.50	$79.00	$58.49	$21.07	$28.04	$69.95
Sub Price/Serving	$2.17	$2.92	$1.94	$1.83	$1.50	$2.98	$2.05	$2.63	$0.97	$1.51	$1.40	$2.33
Retail price	$81.19	$109.00	$72.90	$65.00	$60.00	$119.33	$82.00	$99.00	$64.99	$24.79	$32.99	$89.95
RetailPrice/Serving	$2.71	$3.63	$2.43	$2.17	$2.00	$3.98	$2.73	$3.30	$1.08	$1.77	$1.65	$3.00
Calories	20	25	40	20	30	15	45	40	15	40	40	N/A (capsules)
Sugar (g)	1	1	3	<1	3	9	1	<1	<1	<1	1	N/A
Packet for on go	YES	YES	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO

*See ingredient for full list on brands